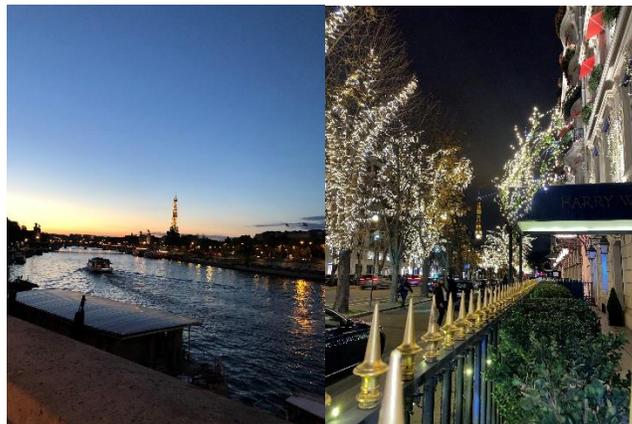


Erasmus+ praktika IFSI Dreux
Eleonora Šneiderman, Sveikatos priežiūros fakultetas

My name is Eleonora Šneiderman and I am completing my last year of nursing studies at Vilniaus kolegija/ University of Applied Sciences. I wanted to share my experience with the Erasmus+ exchange program. This is my second time of practicing this program and I am very excited. Our university suggested us to complete our final traineeship which lasts for 4,5 months. We were very satisfied with our Erasmus+ internship from last year, so when we heard that we would have one more chance to take part in this exchange – we agreed without much thought!

For the second time with my colleague, we went to a small city in France, called Dreux which is located 70 km away from Paris. The fact that we already knew the language, the city and the place of the internship made everything easier. Also, we decided to take on some French language classes to remember the basics and improve our skills a little bit. We had no problem with the accommodation, we contacted our host we stayed last time. We were happy to see him again! We arrived in Dreux on the 30th of August and were welcomed by our friends who lived near us. After that, we had a few more days to enjoy and explore the city.



Our traineeship started on September 1st. We were met by our mentor Mr. Bertel, who continued giving us valuable information to ensure our success during the entire process. We were also given our uniforms that we had to wear every time in the traineeship. Our first official working day started at the Hospital center of Dreux – my unit was called “Geriatric medicine”. I must be honest it was hard and a little bit scary regarding the situation of COVID-19 pandemic. We had to adapt to the situation, learn new things and keep to all safety measures. Fortunately, the medical staff were incredibly helpful and were willing to explain everything, so it wasn’t hard for me to adapt quickly. As this is my final year and I am becoming a nurse very soon, I was given a lot of work to do by myself without any help. It was a very good experience and opportunity to learn. As time went by, I started understanding and speaking French more and more, so it was no longer too hard to communicate with patients and personnel.



Of course, apart from the actual working experience, I managed to travel a little bit (as much as it was possible with the pandemic), spend time with friends and have amazing winter holidays.

Overall, the experience was fantastic, and I already want to come back. I would like to thank the Erasmus program for making this happen. I would highly recommend anyone to take part in this amazing program, learn a new language and gain valuable knowledge.