**COSTS FOR TRAVEL AND COSTS OF STAY**

**IN PROGRAMME COUNTRIES**

1. **TRAVEL COSTS**

|  |  |
| --- | --- |
| **Distance band** | **Unit cost per participant** |
| Between 10 and 99 KM | 20 EUR |
| Between 100 and 499 KM | 180 EUR |
| Between 500 and 1999 KM | 275 EUR |
| Between 2000 and 2999 KM | 360 EUR |
| Between 3000 and 3999 KM | 530 EUR |
| Between 4000 and 7999 KM | 820 EUR |
| 8000 KM and more | 1500 EUR |

***Example:***

If a person from Vilnius (Lithuania) is taking part in an activity taking place in Helsinki (Finland), the beneficiary will calculate the distance from Vilnius to Helsinki using the distance calculator\* (609,73 Km), then apply the unit cost for the corresponding distance band, i.e. 500/1999 Km. This unit cost will be a fixed contribution of 275 Euros that will cover the costs of travel from Vilnius to Helsinki and return.

\*An online distance calculator is used to calculate specific distances, which is available on the Commission's website at

<http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm>

1. **COSTS OF STAY:**

|  |  |
| --- | --- |
|  | **Unit cost per day / per participant / EUR** |
| **Receiving country** |
| Denmark. Finland, Iceland, Ireland, Luxemburg, Sweden, United Kingdom, Liechtenstein, Norway | 153 |
| Austria, Belgium, Germany, France, Italy, Greece, Spain, Cyprus, Netherlands, Malta, Portugal | 136 |
| Bulgaria, Croatia, Czech Republic, Estonia, Latvia, Lithuania, Hungary, Poland, Rumunia, Slovakia, Slovenia, Macedonia, Turkey | 119 |

***Example:*** if a staff member from Vilnius (Lithuania) is taking part in an activity in Helsinki (Finland) during 5 days, the beneficiary will apply 5 unit costs of 153 Euros each, for a total of 765 Euros.