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## **AUTUMN/SPRING** SEMESTER SUBJECTS FOR EXCHANGE STUDENTS

COURSE TITLE	ECTS CREDITS
HEALTH SCIENCES	
Professional Ethics and Psychology  The principles, values and problems of the common professional ethics, traditional and modern medical ethics and bioethics, as well as the models of the communication with patient/client, the principles of team work, the concept of health and life are analysed. The documents of professional ethics are investigated and their use in solving patient's/client's problems is demonstrated. The questions of the value and quality of life, of the use of biotechnologies in medicine are discussed. Theories of personality are introduced. Conflicts and strategies of resolving them are analysed. The main principles of positive communication, ways and styles of communication, the art of listening are described. The impact of stress and managing the stress is discussed. Different types of clients are analysed, also behaviour patterns are created.	5
Statistics and Research Interpretation  The course is designed to introduce students to the methods of statistical analysis and enable them to collect, analyse and interpret research data. The course involves working with online data bases, selecting relevant scientific articles and interpreting the data.	5
Environmental Health and Nutrition  During studies of Environmental Health and Nutrition subject analysis of the requirements of healthy nutrition is discussed. Nutritional assessment and evaluation of the change in weight is analysed. Students assess diet history (information on food intake, eating habits) analyse of a self-control diary. Review of the characteristics of diets is provided. Investigation of pathogenesis of the oncological diseases and prophylaxis are deeply analysed.	5
Internal Medicine  During studies, the knowledge and skills how to assess physical, social and mental health, determine patient needs, plan and organize care, plan stages of personal health education, with therapeutic and neurological diseases are provided. The assessment of the care needs for patients with therapeutic and neurological diseases is reviewed. Students are analysing the actual and potential care problems of patients, implementing nursing techniques and evaluation criteria for the patient which sick internal disease. Discussing care characteristics of the elderly and the old person.	5
Innovative Science Research:  The course will explore how to critically and innovatively analyse scientific problems by searching the scientific literature, how to raise topical issues and how to initiate new scientific research. You will learn how to carry out research in healthcare and interdisciplinary teams, and how to constructively debate current scientific issues in professional and interdisciplinary settings.	5

Healthy Lifestyle  During studies health problems related to human behavior are analyzed, compares social marketing approaches and discusses options for changing human behavior. The problems of secondary prevention of substance abuse and other social diseases are discused. Basic chalanges of health care problems and organisation in the European Union and Lithuania are discussed. Current prevention programmes in the country are presented. Teamwork in personal health care is considered.	5
PHYSIOTHERAPY	
Neurologic Physiotherapy  During studies of Neurologic Physiotherapy subject students discuss about main principles of neurorehabilitation and the role of physiotherapist in neurorehabilitation team. Analyse common neurological conditions, motor impairments and their impact of activity and complications of the neurological diseases. The special physiotherapy testing methods, techniques and diagnosis problems for patients with neurological diseases are provided. Students create special exercises and training plans for patients with neurologic diseases.	5
Physical Medicine and Rehabilitation, Ergonomics  During studies of Physical Medicine and Rehabilitation, Ergonomics subject students discuss the rehabilitation organization in Lithuania, rehabilitation phases and necessity, rehabilitation team work, goals and objectives of medical rehabilitation. Students get acquittance with biosocial functions, degree of impairment, opportunities for recovery. Social integration of disables, vocational and social rehabilitation and work activities are analysed. Harmful occupational factors and their effects on human health are provided. Students are introduced with ergonomic patients care, ergonomic standing and sitting workplaces depending on the requirements.	5

Incoming students have a possibility to do an internship in the areas of Physiotherapy, Occupational therapy, General Care Nursing, Dietetics, Biomedical diagnostics, Radiology.