

Address: Didlaukio str. 45, LT-08303, Vilnius, Lithuania.

Erasmus+ Coordinator at the Faculty of Health Care: Viktorija Kielė, Email: erasmus@spf.viko.lt, Room No 210.

It is brought to your kind notice that information which is below could be changed according to unforeseen circumstances.

2026/2027 study year, SPRING SEMESTER

CODE	COURSE TITLE	ECTS CREDITS	SUMMARY
Study programme HEALTH SCIENCES			
	Professional Ethics and Psychology	5	The principles, values and problems of the common professional ethics, traditional and modern medical ethics and bioethics, as well as the models of the communication with patient/client, the principles of team work, the concept of health and life are analysed. The documents of professional ethics are investigated and their use in solving patient's/client's problems is demonstrated. The questions of the value and quality of life, of the use of biotechnologies in medicine are discussed. Theories of personality are introduced. Conflicts and strategies of resolving them are analysed. The main principles of positive communication, ways and styles of communication, the art of listening are described. The impact of stress and managing the stress is discussed. Different types of clients are analysed, also behaviour patterns are created.
	Statistics and Research Interpretation	5	The course is designed to introduce students to the methods of statistical analysis and enable them to collect, analyse and interpret research data. The course involves working with online data bases, selecting relevant scientific articles and interpreting the data.
	Environmental Health and Nutrition	5	During studies of Environmental Health and Nutrition subject analysis of the requirements of healthy nutrition is discussed. Nutritional assessment and evaluation of the change in weight is analysed. Students assess diet history (information on food intake, eating habits) analyse of a self-control diary. Review of the characteristics of diets is provided. Investigation of pathogenesis of the oncological diseases and prophylaxis are deeply analysed.

	Internal Medicine	5	During studies, the knowledge and skills how to assess physical, social and mental health, determine patient needs, plan and organize care, plan stages of personal health education, with therapeutic and neurological diseases are provided. The assessment of the care needs for patients with therapeutic and neurological diseases is reviewed. Students are analysing the actual and potential care problems of patients, implementing nursing techniques and evaluation criteria for the patient which sick internal disease. Discussing care characteristics of the elderly and the old person.
	Innovative Science Research	5	The course will explore how to critically and innovatively analyse scientific problems by searching the scientific literature, how to raise topical issues and how to initiate new scientific research. You will learn how to carry out research in healthcare and interdisciplinary teams, and how to constructively debate current scientific issues in professional and interdisciplinary settings.
	Healthy Lifestyle	5	During studies health problems related to human behavior are analyzed, compares social marketing approaches and discusses options for changing human behavior. The problems of secondary prevention of substance abuse and other social diseases are discussed. Basic changes of health care problems and organisation in the European Union and Lithuania are discussed. Current prevention programmes in the country are presented. Teamwork in personal health care is considered.

Study programme PHYSIOTHERAPY

	Physiotherapy for Elderly	5	During studies of Physiotherapy of Elderly subject students will learn to provide the knowledge necessary for the physiotherapist's professional activities regarding the principles for elderly movement and physiotherapy, to plan a program and recommendations for physiotherapy. An overview of the general principles of physiotherapy in the 21st century applies to the elderly, introducing the age-related and lifestyle-related physiological functions and the physical activity of the elderly. After completing the course will be able to explain the general principles of physiotherapy and measures applied to the elderly, to perform the physiotherapy evaluation, to diagnose and to plan a physiotherapy program for the elderly and recommendation to their family members.
	Physical Medicine and Rehabilitation, Ergonomics	5	During studies of Physical Medicine and Rehabilitation, Ergonomics subject students discuss the rehabilitation organization in Lithuania, rehabilitation phases and necessity, rehabilitation team work, goals and objectives of medical rehabilitation. Students get

			acquittance with biosocial functions, degree of impairment, opportunities for recovery. Social integration of disables, vocational and social rehabilitation and work activities are analysed. Harmful occupational factors and their effects on human health are provided. Students are introduced with ergonomic patients care, ergonomic standing and sitting workplaces depending on the requirements.
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Incoming students have a possibility to do an internship in the areas of Physiotherapy, Occupational therapy, General Care Nursing, Dietetics, Biomedical diagnostics, Radiology.